

# The Analysis of Tianeptine by Reverse-Phase SPE and LC-MS/MS



## UCT Part Numbers

**SSHLB063**  
Styre Screen® HLB  
60 mg, 3 mL

**SPPHO6001-10**  
Select pH Buffer Pouch  
100 mM Phosphate Buffer pH 6.0

**SCS27-C18521**  
SelectraCore® C18 Column  
50 x 2.1 mm, 2.7 µm

**SCS27-C18GDC21**  
SelectraCore® C18 Guard Column  
5 x 2.1 mm, 2.7 µm

**SLGRDHLDR-HPOPT**  
Selectra® Direct Connect  
Guard Holder

## Introduction

Tianeptine is an atypical antidepressant prescribed in some countries for depression and anxiety; however, it is not approved by the U.S. Food and Drug Administration (FDA) for medical use [1]. It is an emerging drug of abuse in the U.S., being falsely marketed in gas stations and online as a dietary supplement under names such as “gas station heroin”, “Zaza”, and “Neptune’s Fix” [2]. At high doses, tianeptine is a full agonist at the mu-opioid receptor and a weak agonist at the delta-opioid receptor [3]. Tianeptine is not scheduled under the Controlled Substances Act, but a few states such as Florida, Alabama, Georgia, and Mississippi, have already banned it [1].

A stand-alone method for tianeptine was developed due to its unique amphoteric characteristics and abuse at high concentrations. In a previous study, low tianeptine recovery was obtained using a liquid-liquid extraction (LLE) method. This low recovery was hypothesized to result from the compound’s state of being always ionized, which reduces its likelihood of partitioning into the organic phase [4]. During the development of this application note the best mode of solid phase extraction was determined by comparing extraction efficiencies. A higher calibration range is needed to quantify samples and prevent samples from needing to be re-analyzed after dilution. This application note outlines the extraction of tianeptine from blood and urine using Styre Screen® HLB and analysis via LC-MS/MS using SelectraCore® C18 LC column.



## Sample Pretreatment

In a test tube add 200  $\mu$ L sample + 2 mL 100 mM phosphate buffer pH 6 + ISTDs. Mix and centrifuge.

## SPE Procedure

### 1. Condition Column

- a) 1 x 3 mL MeOH
- b) 1 x 3 mL 100 mM phosphate buffer pH 6

### 2. Load sample

- a) Load at 1 to 2 mL/minute

### 3. Wash Column

- a) 1 x 3 mL 100 mM phosphate buffer pH 6
- b) 1 x 3 mL 10% MeOH in DI H<sub>2</sub>O

### 4. Dry Column

- a) Dry for at least 10 minutes under full pressure or vacuum

### 5. Elute

- a) 1 x 3 mL EtOAc:IPA:NH<sub>4</sub>OH (78:20:2)

**Note:** Make elution solvent fresh daily

### 6. Evaporate

- a) Evaporate eluate at 40°C, starting at 5 psi and increasing pressure slowly over 30 minutes

### 7. Reconstitute

- a) 1 mL MeOH:H<sub>2</sub>O (50:50) or other appropriate solvent and volume



LC-MS/MS Parameters	
LC-MS/MS	Shimadzu Nexera LC-30AD with MS-8050
UHPLC Column	SelectraCore® C18 Column 50 x 2.1 mm, 2.7 µm (PN: SCS27-C18521)
Guard Column	SelectraCore® C18 Guard Column 5 x 2.1 mm, 2.7 µm (PN: SCS27-C18GDC21)
Column Temperature	40°C
Flow Rate	0.4 mL/min
Injection Volume	5 µL
Mobile Phase A	5 mM ammonium formate + 0.1% formic acid in water
Mobile Phase B	5 mM ammonium formate + 0.1% formic acid in methanol

Gradient Program		
Time (min)	Mobile Phase A (%)	Mobile Phase B (%)
0	95	5
6-7	0	100
7.10-10	95	5

MRM					
Parent Ion (m/z)	RT (min)	Product Ion 1 (m/z)	CE (V)	Product Ion 2 (m/z)	CE (V)
436.5	3.69	292.3	-25.0	27.9	-38.0



## Chromatogram

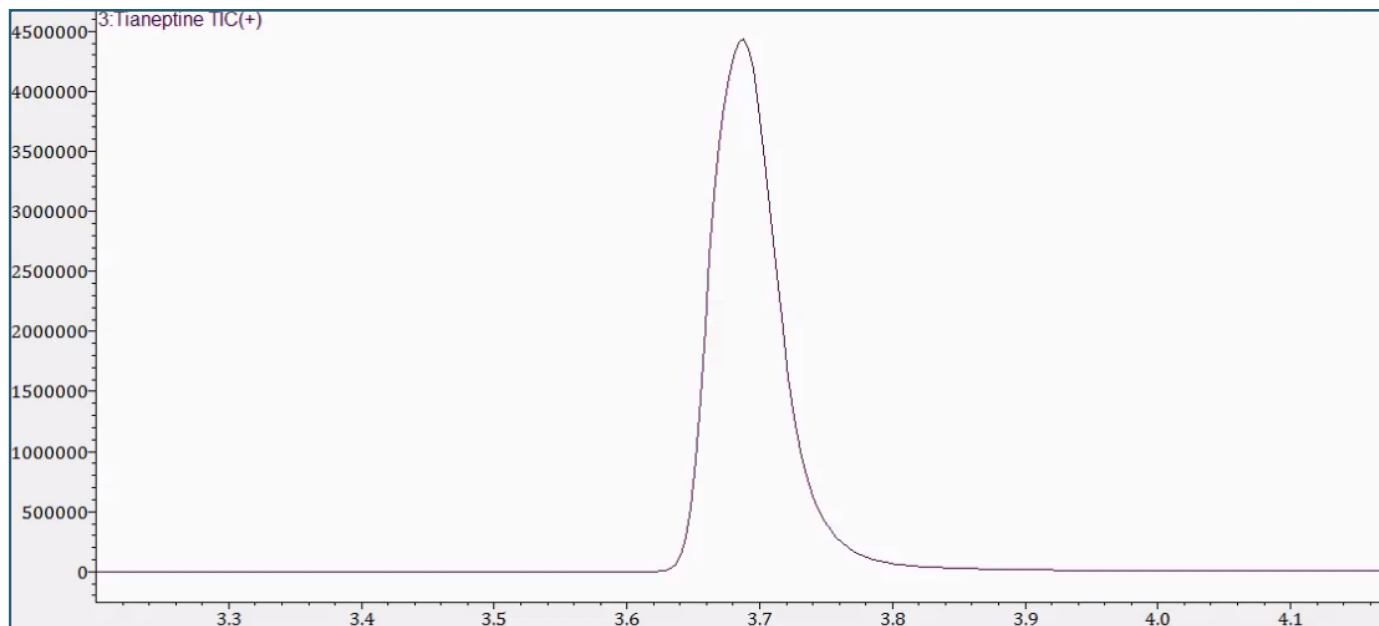


Figure 1: Chromatogram of an extracted standard prepared at 75 ng/mL

## Calibration Curve

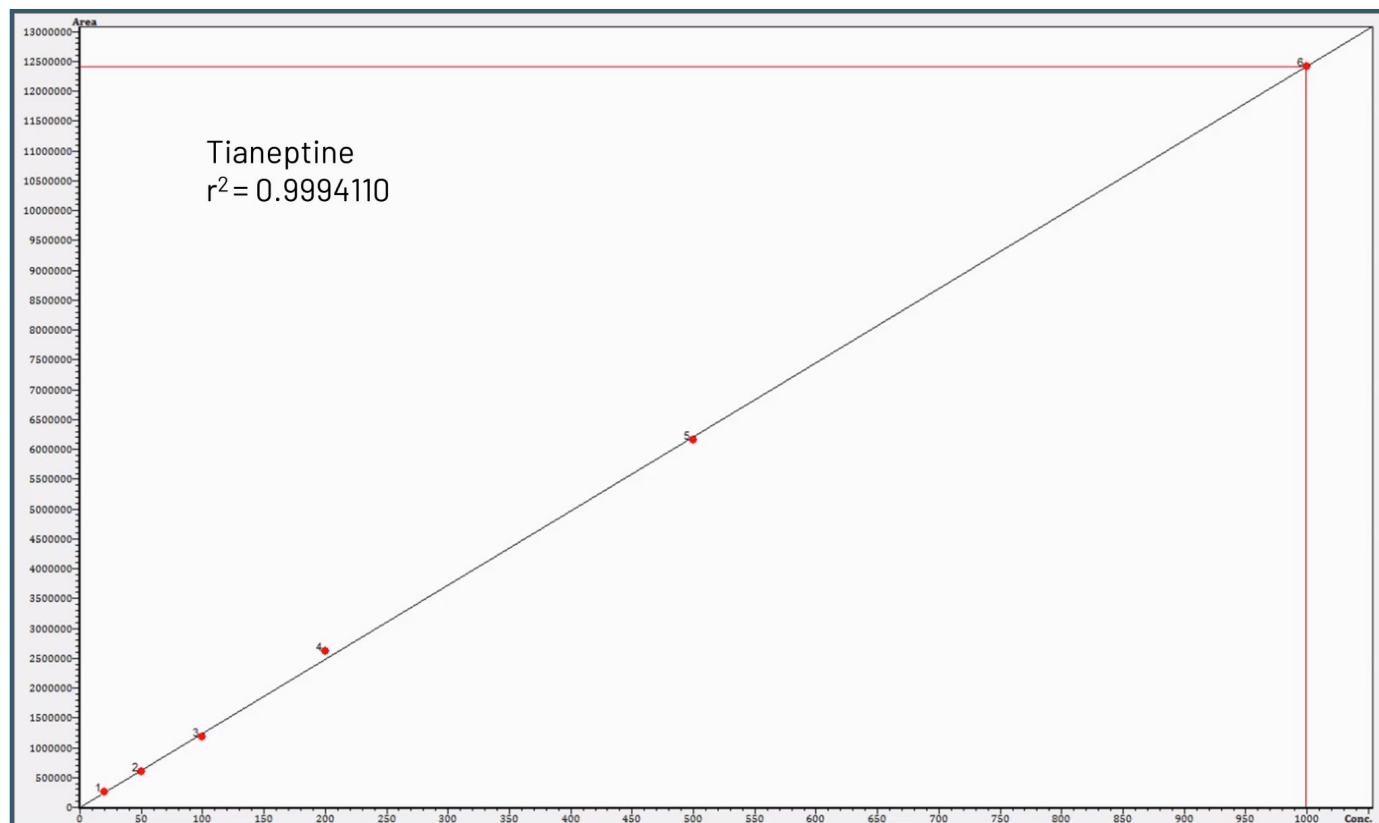


Figure 2: 6-point solvent calibration curve for Tianeptine weighted  $1/c$  with linear equation and  $r^2$  value (20, 50, 100, 200, 500, 1000 ng/mL).



## Results

Urine						
n=5	25 ng/mL			750 ng/mL		
Analyte	Recovery	Matrix Effects	RSD	Recovery	Matrix Effects	RSD
Tianeptine	96%	-15%	7%	93%	-19%	5%

Blood						
n=5	25 ng/mL			750 ng/mL		
Analyte	Recovery	Matrix Effects	RSD	Recovery	Matrix Effects	RSD
Tianeptine	89%	24%	4%	87%	-12%	5%

\*Recoveries were calculated using pre and post-spiked samples. Matrix effects were calculated by comparing post-spiked and evaporated solvent standards.

## Conclusion/Discussion

Tianeptine proved to be a difficult analyte to extract due to its amphoteric properties. Utilizing the ion exchange-function on UCT's flagship SPE column, Clean Screen® DAU yielded extraction efficiencies ~60%. Lower recoveries are most likely due to the competing charges; higher recoveries were achieved by using reverse-phase on HLB SPE column. Recoveries for tianeptine ranged from 87-96% across two matrices and two concentrations. Matrix effects ranged between (-19)% and 24% with relative standard deviations less than 10%. To prevent the LC-MS/MS from being overloaded, a lower sample volume and higher final reconstitution volume were utilized. This application note outlines a standalone method for the analysis of the emerging drug tianeptine from blood and urine.



## References

- [1] FDA Consumer Updates (February 2022) Tianeptine Products Linked to Serious Harm, Overdoses, Death.  
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- [2] The Center for Forensic Science Research and Education (February 2024) Emerging Drug Alert: Tianeptine.  
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- [3] Edinoff AN, Sall S, Beckman SP, Koepnick AD, Gold LC, Jackson ED, Wenger DM, Cornett EM, Murnane KS, Kaye AM, Kaye AD. Tianeptine, an Antidepressant with Opioid Agonist Effects: Pharmacology and Abuse Potential, a Narrative Review. *Pain Ther.* 2023 Oct;12(5):1121-1134. doi: 10.1007/s40122-023-00539-5. Epub 2023 Jul 15. PMID: 37453966; PMCID: PMC10444703.
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